

I feel _____

When you _____

Could you please _____?

Some scenario examples:

- a. Someone calls you a baby.
- b. Someone won't let you play a game with them at recess.
- c. Someone is talking while you are trying to hear announcements.
- d. Someone broke in front of you in line.
- e. Someone told a classmate that you weren't going to be invited to their party.

1. Place students in groups and have them discuss ideas and make a list of feelings they might have that may cause a conflict with someone. (frustrated, sad, angry, confused, disappointed, worried, and embarrassed are just a few words they may come up with)
2. Then tell them what they did specifically that made you feel that way. Specific means say exactly what happened. For example, when you wouldn't play tag with me verses when you were mean.
3. Lastly, tell them what you would like them to do to make it better in a nice way. For example, you could tell them to please play with you next time and be willing to compromise what you play together. Sometimes you may need to say, please stop doing an action.
4. You need to use a calm voice and body language to resolve the conflict and keep being friends. Practice modeling what that looks and sounds like.
5. Have students practice using the model below with partners and scenarios of things that might happen to cause a conflict.